

| Lauf | AKL | Jhrg | Zeit | Start-Nr. | Name | Verein |
|-------------------------|-----|------|-------|-----------|--------------------------|-------------------|
| Hauptlauf Frauen | | | | | | |
| W 20 | | | | | | |
| | 1 | 1985 | 31:24 | 232 | Stockheimer Ellen | TSV Ostheim |
| | 2 | 1983 | 32:47 | 231 | Schlott Anna-Lena | TSV Ostheim |
| | 3 | 1989 | 46:26 | 164 | Werner Christina | TSV Hollstadt |
| W 30 | | | | | | |
| | 1 | 1976 | 36:20 | 158 | Bähr Nicole | TSV Hollstadt |
| W 35 | | | | | | |
| | 1 | 1970 | 36:35 | 265 | Maisch Katrin | TSV Unterelsbach |
| | 2 | 1972 | 37:38 | 159 | Dietrich Tanja | TSV Hollstadt |
| | 3 | 1970 | 39:29 | 160 | Greier Manuela | TSV Hollstadt |
| | 4 | 1972 | 51:45 | 308 | Schmitt Ina | TSV Saal |
| | 5 | 1973 | 52:20 | 307 | Bockelt Bianca | TSV Saal |
| W 40 | | | | | | |
| | 1 | 1965 | 33:44 | 80 | Brand Monika | SV Ramsthal |
| | 2 | 1965 | 35:52 | 81 | Martin Kirsten | SV Ramsthal |
| | 3 | 1966 | 38:53 | 70 | Schönthaler Marion | RSV Wollbach |
| | 4 | 1966 | 39:20 | 289 | Müller Pia | SV Ramsthal |
| | 5 | 1969 | 42:24 | 296 | Martin Sybille | TSV Hausen |
| W 45 | | | | | | |
| | 1 | 1962 | 37:18 | 69 | Friedel-Werner Christina | RSV Wollbach |
| | 2 | 1963 | 40:04 | 150 | Dressel Sylvia | TSV Höchheim |
| | 3 | 1964 | 46:26 | 162 | Meder Elke | TSV Hollstadt |
| W 55 | | | | | | |
| | 1 | 1953 | 37:59 | 214 | Benkert Brigitte | TSV Münnerstadt |
| | 2 | 1952 | 41:42 | 53 | Drescher Inge | DJK Leutershausen |
| | 3 | 1954 | 52:13 | 59 | Steinhäuser Heidemarie | ohne Verein |
| W 60 | | | | | | |
| | 1 | 1948 | 42:39 | 163 | Ress Hildegard | TSV Hollstadt |
| weibl. Jugend A | | | | | | |
| | 1 | 1991 | 47:19 | 165 | Werner Nadine | TSV Hollstadt |